AMBULATION SLING INSTRUCTIONS

The ambulation sling for gait training is easy for the caregiver to apply and it gives the patient a feeling of security. It is designed to provide support around the upper body and at the groin, being less invasive to the groin area, via leg cuffs. The ambulation sling is designed to activate the patient safely and comfortably.

**Functional Inspection**

Check the condition of the sling regularly. Always inspect the product after laundering. Check to be sure that seams and material are free from damage. Check to be sure the fabric is not worn or faded. If there are any signs of wear, the product must be discarded.

**Always read the manual**

Always read the manuals for all assistive devices used during a transfer. Keep the manual where it is accessible to users of the product. Do not leave patient unattended during a transfer situation. To prevent discomfort and the risk of patient sliding out of the sling, trial fit the sling carefully. Always check the safe working loads for the lift and accessories before use. Contact your nearest Vancare distributor if you have any questions.
The lift loops are connected to the hanger bar. The waist belt and leg cuffs are equipped with a quick release buckle for easy application. The leg cuffs are fitted around the thighs, from back to front. The leg cuffs are padded to prevent pressure and chafing at the groin. The walking belt/ambulation sling is also padded at arm height to prevent pressure and chafing.

**Application of ambulation sling in a seated position**

1. Place the Ambulation sling around the upper body with the buckle on the front. The lower edge of the belt is positioned above the hip joints. The arms are held outside. The midsection of the belt should follow the patient's spine.

2. The waist belt is connected and adjusted to the size of the patient.
Application of the leg cuffs in a seated position

1. When the belt is placed around the patient's upper body, the leg cuff is applied from the side and under the thighs.

2. The leg cuff is fastened at the front.

3. Adjust the leg cuff to fit the patient.

Rising to a standing position

1. Prepare the patient by explaining the procedure. Never leave the patient unattended during a lifting situation. Always be attentive to the patient's signals. Stop raising the lift if the patient is uncomfortable.

2. When the patient is standing, a walking support can be used.

Sizing:

<table>
<thead>
<tr>
<th>Size</th>
<th>Chest Measurement</th>
<th>Thigh Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>34&quot; 40</td>
<td>up to 26</td>
</tr>
<tr>
<td>Medium</td>
<td>40&quot; 46</td>
<td>up to 26</td>
</tr>
<tr>
<td>Large</td>
<td>44 &quot; 50</td>
<td>up to 26</td>
</tr>
<tr>
<td>X-Large</td>
<td>50&quot; 60 ½</td>
<td>up to 34</td>
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</tbody>
</table>